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## Register now for the Annual Dinner - Featuring Speaker: Tom Hoover, & the original 1950 March of Dimes 16mm Promotional

Each year it becomes more difficult for us to get out of our homes and travel to a remote location for an event. This one is worth the effort. The Annual meeting and holiday gathering of the members of Polio Echo will this year feature the boy (man now, of course) who provided the empatis for the Mother's March on Polio, which became the most successful fund raising organization in history: the **March of Dimes**.



Most of you know the March of Dimes started here in Phoenix, from our last issue, if not long before. Now you will have the opportunity to view the keystone newsreel that originated in Phoenix setting the movement into motion, and meet Tom Hoover in person.

On that inaugural August evening in 1950, the Mother's March raised \$48,000. Picked up nationally, the following year over \$10 million were raised, funding the Jonas Salk polio vaccine project. By 1854 millions of children were being vaccinated against the dreaded disease.

The idea was that of Charley Hoover, who was then Advertising Director for the Republic and Gazette newspapers in Phoenix. It is his polio surviving son, Tom, who will be featured speaker at our dinner meeting on December 3, 2011 at the Disability Empowerment Center. Come view the 15 minute promotional film that sparked the fundraiser in the 1950's (now on DVD) Register now. Bring guests. Details on page 9.

## POLIO ECHO

### 2011 Board of Directors:

**President:** Bradford "Brad" Dowden:  
dowdenbrad@yahoo.com

**Vice President:** Tom Ringhofer:  
ringhofer@aol.com

**Secretary: Kathy Bollinger:**  
kbollinger3@cox.net

**Treasurer and Webmaster:** Roger Buel:  
rogerbuel@cox.net

**Past President and Phoenix Chapter Representative:** Pamela Harper  
pharper@cox.net

**East Valley Chapter Representative:**  
Nancy Burkhart: lloydnancy3@juno.com

**Scottsdale Chapter Representative:**

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### **Contributors:**

Susan Wynn

Tom Hoover

## BOARD MEETINGS

All meetings are open to the public. Anyone wishing be on the agenda should notify the president, Brad Dowden, at (480) 987-2571 in advance.

Board Meetings are normally held on the third Tuesday of each month at the Disability Empowerment Center, which is located at 5025 E. Washington Street, Phoenix 85094. Meetings start at 11:30 am and conclude around 1:30 pm.

### 2011 MEETING SCHEDULE

Tuesday, November 15 at 11:30 a.m. — Board Meeting at the Disability Empowerment Center.

Saturday, Dec. 3 — 11:30-2:30 pm The Annual Meeting and Holiday Luncheon at the Disability Empowerment Center in Phoenix.

Tuesday, January 19, 2012— 11:30-1:30 at the Disability Center in Phoenix.

## GRIP n GRAB

We do not normally tout a commercial product in our newsletter, but, with board approval, we will mention this product.

This is the best reacher I have ever seen.

It is very light weight. It has an ergonomic, soft rubber handle with two-finger trigger.

It will pick up everything from a dime to a 5 pound jar with ease.

And it has a swivel head. You can get them locally at Lowe's or order them online at [www.ettore.com](http://www.ettore.com) or call 1-800-4-ETTORE

**SLATE OF OFFICERS AND  
DIRECTORS FOR ELECTION  
ON DECEMBER THIRD**

**PRESIDENT ..... Brad Dowden**  
**VICE PRESIDENT Tom Ringhofer**  
**SECRETARY .....Kathy Bollinger**  
**TREASURER ..... Roger Buel**  
**PAST PRESIDENT ... Pam Harper**  
**DIRECTOR .....Nancy Burkhart**  
**DIRECTOR .....Susan Wynn**

**ANOTHER MILESTONE  
FOR DISABLED ARIZONA**

Apache ALS Trails opened this last month. This is a state-of-the-art facility for seniors and others with hearing loss or deafness.

It is located at 2428 East Apache Boulevard, Tempe, Arizona 85281. It is right on the light rail and bus routes.

We are blessed to have this facility here in the valley. The entire living facility is designed for the comfort and use of those who have a hearing disability. It is unique and exciting. Notify anyone you know who has hearing a loss.

**IMAGINE THIS ...**

Imagine a huge, new fitness center of giant proportions, housing basketball courts, therapy swimming pool, weight and fitness rooms, containing equipment that is especially designed for disabled persons.

Imagine a facility that was conceived engineered and built specifically for the disabled public. Imagine the facility being right here in Phoenix, Arizona.

It is the Virginia G. Piper Sports and Fitness Center. It is now completed and had a grand opening on October 31, 2011.

The facility is located next to the Disability Empowerment Center at 5031 E. Washington Street in Phoenix 85034.

This one-of-a-kind complex is a window into the future of service to disabled Americans.

This state-of-the-art facility is equipped with accessible swimming pool, track, weight room, and locker rooms and even a rock climbing wall. Fees are very reasonable.

For further information, call (602) 386-4566 or fax (602) 386-4567.

## IN MEMORY OF CAROL ANN PRANKA - 1936 , 2011

By Susan Wynn

We mourn the passing of Carol Pranka on September 4, 2011. She was a valuable member of Polio Echo.

Carol was born on April 16, 1936 in Chicago Illinois. She contacted Polio at the age of 4. She and her husband Tom, raised four children.

She worked outside the home as a school clerk until her shoulders started giving her trouble. She walked on crutches with two long leg braces. One time years ago Carol had fallen in her home and could not get up because of her shoulders. She laid there for several hours until her husband found her when he came home from work. After that she started using a scooter.

Carol gave much of her time to Polio Echo. She was our treasurer twice, she ran the Scottsdale Chapter, she would reserve the senior center for our Holiday dinners, she worked with the caterer on the menu and she was responsible for the decorations for our Silver Anniversary Celebration. She remained on the board and served for many years. She was chosen to receive the Spirit of Polio Echo plaque for her many years of service.

Carol looked well and she was cheerful. No one knew that Carol was having serious health challenges. She never said a word and never complained.

Carol is survived by her husband Thomas, her four children Paula, Carol, Cynthia and Thomas Jr. and her 8 grandchildren.

## CHAPTER NEWS

**PHOENIX CHAPTER (Central Valley) meets on the second Thursday of each month in the Mesquite Branch of the Phoenix Public Library in Paradise Valley Mall, 4525 Paradise Village Parkway North, in Phoenix. The meetings usually begin at 1:00 pm and conclude around 3:00 pm. The meeting room is near the entrance to the library.**

***The next meetings will be on Thursdays, November 10, 2011. Phoenix Chapter will join other chapters on December 3 for the holiday dinner.***

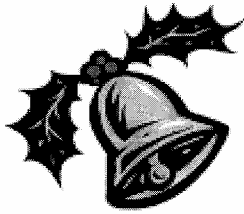
**EAST VALLEY CHAPTER meets, and eats, at 1:00 pm on the third Wednesday of each month at selected restaurants throughout the east valley, which are designated in the newsletter and by electronic mail, if you have notified Jane Crawford to send reminders.**

***On November 10, 2011, members will meet at Chompie's in Chandler Village Center, which is located at 3481 West Frye Road (where Logan's used to be).***

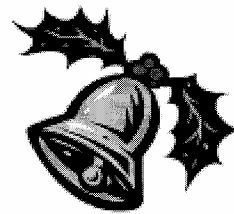
***East Valley Chapter will not meet in December. It will join other chapters at the Annual Meeting and holiday party on December 3, at the Disability Empowerment Center in Phoenix.***

**SCOTTSDALE CHAPTER meets on the first Thursday of each month, from 11:30 to 1:30, usually at the Scottsdale Public Library at 3839 N. Drinkwater Blvd. in Scottsdale in the Gold Room.**

Polio Echo



# Holiday Luncheon



## and Annual Meeting

Join us

Nina Mason Pulliam Conference Center  
of the Disability Empowerment Center

5025 East Washington Street

Phoenix , Arizona 85034

Dec. 3<sup>rd</sup> 2011

11:30 AM

Choice of

**Traditional Turkey dinner**

**Sliced roasted Turkey (all white meat)  
with Giblet Gravy.**

Or

**Baked Ham with Sweet and sour Glaze**

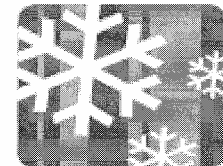
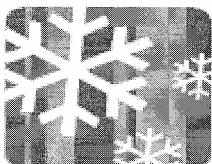
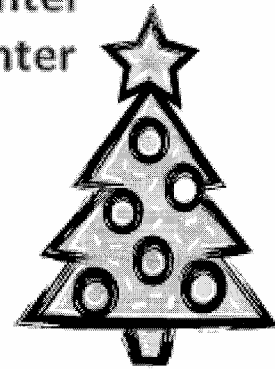
**Cornbread stuffing, Green Beans Morocco, Mashed  
Potatoes or Sweet Potatoes**

**Roasted Red Potatoes**

**Tossed green salad and Bakery fresh rolls**

**French Strawberry Cream Cake**

**Coffee and iced Tea**



<p><b>Polio Echo Holiday celebration</b> <b>Fill out and mail with check by 11-15-2011 to:</b> <b>Polio Echo Annual Luncheon c/o Roger Buel</b> <b>4202 E. Greenway Lane</b> <b>Phoenix, AZ 85032-8111</b></p> <p>Please reserve the following number of tickets:</p> <p>____ Number of Turkey Lunch(es) ____ Number of Ham Lunch(es) ____ Lunches Total @ \$15.00 = \$ _____</p> <p>Check included made payable to <u>Polio Echo</u>. Do not send cash</p> <p>Your Name _____ Phone Number _____ Names of your guests: _____ _____ _____</p>	<p>Nina Mason Pulliam Conference Center of the Disability Empowerment Center 5025 E. Washington</p> <p>Phoenix Washington 202 143 Hohokam Tempe I-10</p>
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***POLIO ECHO HOLIDAY / AN-  
NUAL DINNER MEETING  
AGENDA  
December 3, 2011***

- 11:30 -11:55am :Registration/Socializing
- 11:55 -12:00 pm Welcome / Opening Re-  
marks
- 12:00 -12:45 pm Meal Service
- 12:45 -1:15 pm Speaker: Tom Hoover  
"History of the Mother's March of Dimes  
in Phoenix"
- 1:15 -1:20 pm Presentation of the Spirit  
of Polio Echo Award

- 1:20 -1:35 pm Polio Echo Annual  
Business Meeting:  
Financial Report  
2012 Directors/ Officers Election
- 1:35 -1:45 pm Door Prizes
- 1:45 -2:00 pm Socializing

To contribute news to Polio Echo News call (480) 820-3358 or E-mail: ringhofer@aol.com

Please take the time to complete the registration form below. If you cannot afford the membership fee, you can still receive the newsletter. We need everyone on our mailing list to send in their registration. Memberships are due in January for the current 2011 calendar year. If you have questions about membership status, contact the Treasurer, Roger Buel, at (602) 493-7242.

**POLIO ECHO MEMBERSHIP REGISTRATION & RENEWAL FORM**

Name: \_\_\_\_\_ Date \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (\_\_\_\_)\_\_\_\_ - \_\_\_\_\_ Cell (\_\_\_\_)\_\_\_\_ - \_\_\_\_\_

E-mail address: \_\_\_\_\_@\_\_\_\_\_

Emergency Contact Name & Tel # : \_\_\_\_\_ ( ) \_\_\_\_\_

I am enclosing \$10.00 for my 2011 dues donation.

I am sending an additional donation in the amount of \$ \_\_\_\_\_

I am enclosing \$2.00; please send me a membership pin.

I am unable to pay membership dues at this time, but would like to be a member and receive the Polio Echo Newsletter by mail.

I do not wish to be a member, but send a (tax deductible) donation of \$ \_\_\_\_\_

Please remove my name from the Polio Echo Mailing list. (The Polio Echo News is available on our web site: ([www.polioecho.org/newsletter.html](http://www.polioecho.org/newsletter.html)))

Make checks payable to Polio Echo and send to:

Polio Echo, P.O. Box 61024, Phoenix, AZ 85082-1024

**KEEP US INFORMED**

If your Name, address, telephone number, or Internet address has changed, please up date your information with us. Either call Jane Crawford at (480) 899-5857, email her at [janwec94@q.com](mailto:janwec94@q.com), or use website [www.polioecho.org](http://www.polioecho.org).

Annual contributions help to educate the public and health care community concerning polio. We respond to the needs of individuals who suffer from post-polio syndrome, through group meetings, educational programming, newsletters and website. Polio Echo is a 501(c)3 non-profit Arizona corporation. All contributions and voluntary dues are tax deductible.



P.O. Box 61024, Phoenix, AZ 85082-1024

**FREE MATTER FOR THE  
BLIND OR HANDICAPPED**

### Address Service Requested



*Funding of this Newsletter is made possible through a grant from the Phoenix Chapter of MARCH OF DIMES*

## Annual Dinner on December 3rd

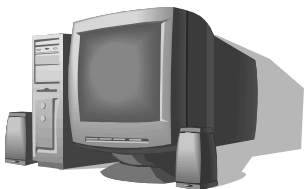
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Please address all correspondence to Tom Ringhofer, Polio Echo News, P.O. Box 61024, Phoenix, Arizona 85082. Telephone Number (480) 820-3358.

#### Polio Echo Website

<http://polioecho.org>

Newsletter available here



#### Polio Echo E-mail

[polio\\_echo@polioecho.org](mailto:polio_echo@polioecho.org)



#### Information:

(480) 987-2571

If you have questions concerning projects or programs of the post-polio support group, please call our president Brad Dowden and leave a message. The person best able to serve you will call back.